

# European Academy for Medicine of Ageing

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## Advanced Postgraduate Course of the EAMA

### Training Session VII / 4

## Guidelines for abstracts on students' state of the art lectures

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Session : VII / 4

Reference of the lecture :

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### Assessment of Decubitus

Decubitus is a growing problem in every agegroup, but considering the demographig change in our society it will especially become an important topic in geriatric patients in the near future. Prevalence varies between 0,4 and 85%. Reasons for this enormous variation are not any care problems or bad prevention, but different risk struktures. Decubitus is classified in for Grades and three stages by Seiler , 1979. In a lot of studies only Decubitus Stage 2-4 is evaluatued, but 50% of the Decubitus are Stage 1.

Prevention saves about 90% of the costs. The costs are difficult to calvulate. In Germany the costs are about 200 Mill. € per year.

Prevention means Assessment of risk, pain, skin, mobility, documentation and monitoring.

There are about 30 different Scales in use, but not one ist really good in both, validity and reliability. A valid assessment is one which measures what it is intended to measure. A reliable assessment is one which consistently achieves the same results with the same (or similar) cohort of students. Not one scale is recommanded, but it is recommanded to use one and to led it interpret by an health care expert.

Therefore it is extremly important to educate the staff regularly.

### Short bibliography :

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- 4) DEKUBITUS - PROPHYLAXE UND THERAPIE Leitlinien erstellt vom Vorstand der Österreichischen Gesellschaft für Wundbehandlung
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